

“Intellectual Disabilities and Dementia”

A Virtual CE Event

Thursday, August 14, 2025

5:30 pm – 7:00 pm EST

Sponsored by Central Virginia Chapter of the CMSA

TO REGISTER: GO TO CVCCMSA.COM

1.0 CE Credit Approved for RN, CCM, SW
CMSA Members: \$10, Non-MEMBERS: \$20

Program Overview

The training will enable participants to gain a deeper understanding of dementia and its impact on people with intellectual disabilities (ID). Those who are living with dementia have challenges with communication and behaviors, which can already be a challenge for those living with an intellectual disability. During the training, we will examine the changes one may experience and how to respond and approach the person using techniques that promote person-centered care.

Learning Objectives

- 1) Identify 3 early manifestations of dementia in people with intellectual disabilities
- 2) Define dementia and Alzheimer’s disease and describe the relationship between the two
- 3) Identify 3 changes in communication that are common with dementia
- 4) Identify 3 effective responses to behaviors associated with dementia
- 5) Identify 4 techniques that demonstrate person-centered care approaches for people living with dementia

Speaker Bio

Sharon Napper is a certified dementia practitioner and professional trainer with the Greater Richmond Chapter of the Alzheimer’s Association. She has been with the chapter for several years and enjoys helping communities and healthcare professionals make connections with the Alzheimer’s Association. Before joining the Alzheimer’s Association, Sharon recognized a need for greater education and community outreach to address major health challenges—such as food deserts, high blood pressure, diabetes, and Alzheimer’s disease—as well as the broader issue of healthcare inequality across the Commonwealth of Virginia. Sharon has been a resident of Virginia for over 25 year. She has served Virginia communities in a variety of roles including special education teacher assistant, pediatric nurse, cardiac acute care nurse, orthopedic step-down nurse, and a med-surg clinical nurse for over 16 years in the Central Virginia area.



Sharon Napper, RN
Certified Dementia Practitioner
Professional Trainer GRAA

